

## NEBRASKA PRO-LIFE DIRECTORY

Together we can help! YOU can save a life today!

**Nationwide Pregnancy Help** 1-800-395-HELP (4357)  
[optionline.org](http://optionline.org), [care-net.org](http://care-net.org),  
**Essential Pregnancy Services Helpline** 402-554-1000  
**Assure Women's Center Helpline** 402-397-0600  
**Abortion Pill Reversal**, call ASAP after first pill  
<https://www.abortionpillreversal.com/> 877-558-0333  
**National Suicide Prevention Hotline** 1-800-273-8255  
**National Human Trafficking Center** 1-888-373-7888  
Child Abuse Prevention, 1-800-4-A-CHILD (422-4453)

### Pregnancy Counseling, Testing and Service:

Students for Life of America, [www.standingwithyou.org](http://www.standingwithyou.org)  
Need help now? 402-503-9331 [www.studentsforlife.org](http://www.studentsforlife.org)

### Assure Women's Center [www.assureomaha.com](http://www.assureomaha.com)

6510 Sorensen Parkway, Omaha, NE. 68152  
14225 Dayton Circle, Omaha, NE 68137  
FREE STD and pregnancy testing by appointment

### Essential Pregnancy Services [www.essentialps.org](http://www.essentialps.org)

Free Pregnancy & STD Tests. No Hassle Counseling.

### Maternal Assistance Hotline: 402-554-1000

*Benson Center:* 6220 Maple St. 68104, 402-554-0121  
*Bellevue Center:* 908 W. Mission Ave, 68005, 402-933-2988  
*Maple Village Center:* 3029 N 93rd St, 68134, 402-763-8768

**Lincoln Pregnancy Center**, 111 Piazza Terrace, Lincoln, NE,  
68510, 402-483-4247, [www.pregnacylincolncenter.org](http://www.pregnacylincolncenter.org)

### Gabriel's Corner [www.gabrielscorner.com](http://www.gabrielscorner.com)

Free Pregnancy Tests - Pregnancy Counseling  
131 S 16<sup>th</sup> St, Council Bluffs, IA 51501  
Phone: 712-323-7756 Call ahead

### Life Choices [www.fremontpregnancy.com](http://www.fremontpregnancy.com)

Location - 1835 E. Military, Fremont, NE 68025  
Phone: 402-721-5551 or 402-720-5526 for appointment.  
All services are free & confidential.

### Birthright International [www.birthright.org](http://www.birthright.org)

Nationwide 800-550-4900 Kearney 308-234-9880  
Carroll 712-792-6592 Lincoln 402-466-2609  
Council Bluffs 712-322-2100 Norfolk 402 379-1004  
Fremont 402-721-5551 Sioux City 712-258-3436  
Grand Island 308-381-7845

### Comprehensive Confidential Health Services:

#### Sancta Familia Medical Apostolate 402-991-3393

10506 Burt Circle Omaha NE 68114. Catholic health care for  
the whole family from conception to natural death. Mon-Fri,  
8am-5pm [www.omahacatholicdoctors.org](http://www.omahacatholicdoctors.org)

#### Saint Paul VI Institute [www.popepaulvi.com](http://www.popepaulvi.com)

6901 Mercy Rd. Omaha, NE 68106  
Phone: 402-390-6600 Offering reproductive health care, OB-  
GYN, infertility, maternal fetal medicine, NaPro Technology,  
Creighton Model FertilityCare System.

*Life is sacred from the moment of conception!*

[www.AbortionDialogueAcademy.org](http://www.AbortionDialogueAcademy.org) "Pro-Life in 7 minutes"  
"We show pro-choice people why abortion should be illegal  
through one on one conversations and youth presentations"

### Homes for Mothers and Babies:

**Mater Filius of Nebraska** A Catholic apostolate created to  
help pregnant women who find themselves without support.  
Women receive housing, counseling, medical attention,  
workshops and continuing education at no cost.  
5924 S. 36<sup>th</sup> Street, Omaha, NE 68107 402-933-3466

### Bethlehem House [www.bethlehemhouseomaha.org](http://www.bethlehemhouseomaha.org)

Serving women who are pregnant and homeless since 2005.  
Offering private rooms in a safe environment.  
2301 S 15<sup>th</sup> St. Omaha, NE 68108 402-502-9224

### Adoption and other services:

Bethany Christian Services, [www.bethany.org](http://www.bethany.org)  
Nebraska Children's Home Society, [www.NCHS.org](http://www.NCHS.org)  
Catholic Charities [www.ccomaha.org](http://www.ccomaha.org); Individual, Marriage  
and Family Counseling 402-554-0520 or 800-403-2435

### Healing from Abortion:

**National Abortion Recovery** 24 hour hotline 866-482-5433

[www.SupportAfterAbortion.com](http://www.SupportAfterAbortion.com), 844-289-HOPE

[www.abortionchangesyou.com](http://www.abortionchangesyou.com)

[www.afterabortion.org](http://www.afterabortion.org)

**Project Rachel**, [www.hopeafterabortion.com](http://www.hopeafterabortion.com) Post-  
Abortion Healing, and Reconciliation from the pain of  
abortion. 888-456-HOPE or [projectrachel@csssisu.org](mailto:projectrachel@csssisu.org)

**Rachel's Vineyard**, [www.rachaelvineyard.org](http://www.rachaelvineyard.org), Post-  
Abortion Healing Retreats Reconciliation and healing from the  
pain of abortion. 877-467-3463

### Freedom from Pornography:

[www.omahafordecency.org](http://www.omahafordecency.org) Pornography degrades women,  
damages marriage and family, is sinful, addictive, diabolical.

**Dads.org**; Faith, Family, Fatherhood; sex addiction freedom  
**PATH - Archdiocese of Omaha** [www.archomaha.org](http://www.archomaha.org)  
pornography addiction counseling and support.

### Christian Radio:

[www.kcro.com](http://www.kcro.com), Omaha 660AM, Lincoln 106.7 FM  
[www.bottradiationetwork.org](http://www.bottradiationetwork.org), Omaha 93.7FM, Lincoln 88.5FM  
[www.spiritcatholicradio.com](http://www.spiritcatholicradio.com) Omaha 102.7FM

### Legal:

[www.ThomasMoreSociety.org](http://www.ThomasMoreSociety.org), non-profit, national public  
interest law firm dedicated to restoring respect in law for life,  
family, and religious liberty, pro bono. Pro-life attorneys  
always needed! For more information, Martin Cannon, Matt  
Heffron or Michael McHale (312)782-1680. *If someone you  
know has been injured or killed following an abortion, you  
may be able to bring legal action on her behalf, free.*  
[www.lifedynamics.com](http://www.lifedynamics.com) 940-380-8800

### Additional info and copies of this directory or updates:

Reggan Simons, [rksimons@archdiocese.org](mailto:rksimons@archdiocese.org),

Steve Zach, 402-558-2218

[www.nebraskanembracinglife.org/prolifedirectory](http://www.nebraskanembracinglife.org/prolifedirectory)

**NEBRASKANS Embracing Life** Educational 501c3; resource,  
spiritual events, Mobile Pregnancy Ultrasound Resource Center  
143 S 38<sup>th</sup> St, Omaha, NE 68131 402-399-0299  
[engage@nebraskanembracinglife.org](mailto:engage@nebraskanembracinglife.org)

**Surprise Thrift Shop**, 143 S 38<sup>th</sup> St. Omaha, 68131  
100% of all sales benefit pro-life organizations  
**Shop & Save hours: Th, Fr, Sa 10a-4p; 402-341-0625**

**“Walking with Moms in Need”, [www.archomaha.org](http://www.archomaha.org)  
Bishops Pastoral Plan for Pro-Life Activities**

Marion Miner, Associate Director for Pro-Life & Family  
Nebraska Catholic Conference 215 Centennial Mall  
South, Suite 310 Lincoln, NE 68508 402-477-7517  
[mminer@necatholic.org](mailto:mminer@necatholic.org), [www.necatholic.org](http://www.necatholic.org)  
[www.HeartofaChildMinistries.org](http://www.HeartofaChildMinistries.org), live ultrasounds

**Vital Signs Ministries** [www.vitalsignsministries.org](http://www.vitalsignsministries.org)  
P. O. Box 34278, Omaha, NE 68134  
Denny & Claire Hartford 402-341-8886

**Nebraska Right to Life** [www.nebraskarighttolife.org](http://www.nebraskarighttolife.org)  
402-438-4802 P. O. Box 80410, Lincoln, NE 68501-0410

**American Life League Inc. (ALL) STOPP** [www.all.org](http://www.all.org)  
P. O. Box 1350, Stafford, VA 22555 540-659-4171  
Jim Sedlak: 888-546-2580, Fax: 540-659-2586

**Omaha Chapter STOPP**, [www.stopp.org](http://www.stopp.org)  
Stephen Zach, 4339 California St. Omaha, NE 68131  
Phone: 402-558-2218

**CB Chapter STOPP** Mary Lybarger, 206 Redbud LN,  
Council Bluffs, IA 712-325-0268

**Human Life International** [www.hli.org](http://www.hli.org)  
Pro-Life Missionaries to the World 800-549-LIFE  
[www.POP.org](http://www.POP.org) Population Research Institute

**Priests for Life** [www.priestsforlife.org](http://www.priestsforlife.org)  
PO Box 141172 Staten Island, NY, 10314  
Phone: 718-980-4400, 888-735-3448, Fax: (718) 980-6515

**Prayer and counseling opportunities; we need you!**

**Omaha:** Planned Parenthood, 3105 N 93 Street (93rd  
and Maple), abortions often Mon & Thur, 8 am-noon.  
Sat 10am Helpers of God's Precious Infants. Essential  
Pregnancy Services next door <http://essentialps.org>

**Bellevue:** Abortionist Leroy Carhart, 1002 W Mission  
Ave, often Thurs, Fri, & Sat 7:30-11:30 am. Prayer Sat  
9-10 am, God's Helpers of Precious Infants; Chapel of  
the Holy Innocents, 1229 Bellaire Blvd, Essential  
Pregnancy Services next door <http://essentialps.org>

**Council Bluffs PP:** 1604 2nd Ave, Council Bluffs IA  
Gabriel's Corner, 131 South 16th Street, CB IA 51501 712-  
323-7756 [www.gabrielscorner.com](http://www.gabrielscorner.com)  
We Provide Hope and Help for women facing unplanned  
pregnancies. **You are not alone! We are here to help!**

**Lincoln PP:** 5631 S 48th St, Tuesday, abortions  
<https://supportwomenscarecenter.org/locations/lincoln/>  
[www.abortionworker.com](http://www.abortionworker.com)

[www.LifeRunners.org](http://www.LifeRunners.org), Remember the Unborn Jer 1:5

[www.studentsforlife.org](http://www.studentsforlife.org), Students for Life of America

[www.businessandprofessionalpeopleforlife.org](http://www.businessandprofessionalpeopleforlife.org)

**NEBRASKANS Embracing Life, 501c3** Pro-life educational  
non-profit building a culture of life through outreach in media,  
spiritual events, pro-life booths, Mobile Ultrasound, more.  
Always need prayers, volunteer and donor support to advance  
our mission. [www.nebraskansembracinglife.org](http://www.nebraskansembracinglife.org)

**NEBRASKANS Embracing Life ACTION**,  
[staff@nelaction.org](mailto:staff@nelaction.org), political 501c4, identifies and supports  
pro-life, pro-family candidates, politicians, legislation

**VOTE FOR LIFE!** [www.NELACTION.org](http://www.NELACTION.org)

**Covid, Vaccine WEBSITES:** [ethicalresearch.net](http://ethicalresearch.net),  
[COGforLIFE.org](http://COGforLIFE.org), [drleemerritt.com](http://drleemerritt.com), [AFLDS.com](http://AFLDS.com),  
[AAPSONline.org](http://AAPSONline.org), [rcolemd.com](http://rcolemd.com), [FLCCC.net](http://FLCCC.net), [vacfsafety.org](http://vacfsafety.org),  
[TruthForHealth.org](http://TruthForHealth.org), [www.faith-freedom.com](http://www.faith-freedom.com)

**Contraception is *dangerous* to your health!**

**Contraception = Abortion! Facts from ALL.org:**

**Contraception separates husband from wife, and couple from God.** Most contraceptives are drugs or devices that can cause abortion. Condoms and the “safe sex” lie results in widespread STD’s, emotional trauma, and immoral sex. Contraceptives are not safe for mother or child, cause abortions with many harmful side effects, according to the patient information package and various studies. Guttmacher Institute reports as many as 70,000,000 since R v W 1973, but they *exclude* in vitro abortions, “medical research” abortions, “emergency contraceptive” abortions, and they *exclude all* abortions from “the pill” and contraceptives:

**Toxic Oral Contraceptives like ‘the pill’** allow fertilization to occur at a rate of 2-10% of the time. They cause the lining of the uterus to become inhospitable to the developing baby who literally dies from lack of nourishment and is aborted. Prescribed pill-induced abortions exceed surgical abortions and are ten times more likely to cause death, plus disabilities.

**IUDs** work by interfering with the enzymatic processes of the developing baby and by inflaming the lining of the uterus, making it inhospitable to implantation, also abortifacient.

**Norplant** consists of six-one inch long silastic rods implanted in the arm and contains the progestin, *levonorgestrel*, which acts for 5 years. There are approx. 1,500,000 users. At a 50-65% ovulation rate times a 25% conception rate, this amounts to between 2-3 million of these chemical abortions per year.

**Depo-Provera** similarly, is injected under the skin every 3 months. Based on an estimated 1 million users and an ovulation rate of 40- 60%, it has been determined that at the lower rate there are 400,000 ovulatory cycles, times a 25% conception rate yielding about 100,000 chemical abortions per cycle or 1,200,000 per year.

**Abortion Pill used before ten weeks**, RU 486 is a chemical compound taken in pill form, can induce abortion in women up to nine weeks pregnant; involves two drugs and three trips to the doctor's office over a two week period. Surgical abortions follow 4-5% failure rate. Many side effects from minor to major, even death for mother or child. The “morning after pill” has *over one billion in annual sales*. Pills are hazardous to women’s health, and especially to minor children!

**Breast Cancer and Abortion, many chemical side effects!** In the U.S., women under age 45 who have had abortions may have a 50% higher risk of breast cancer, according to a study reported in the Journal of the National Cancer Inst. The risk is more than doubled for women under 18 who have abortions. **Stop Planned Parenthood**, source: [stopp.org](http://stopp.org). Planned Parenthood Federation of America earns over two billion per year selling birth control products. PP creates a demand for these products via the sex ed it promotes in schools. As promiscuity rises, so does the number of unintended pregnancies due to contraceptive failure. PP then profits from contraception, abortion = death for the child.

**PLEASE DISTRIBUTE to every home, every church, school, youth group, pro-life organizations & teams. Everyone needs these contacts for easy access and referral!**  
**Offer to friends-You can save a life today!**